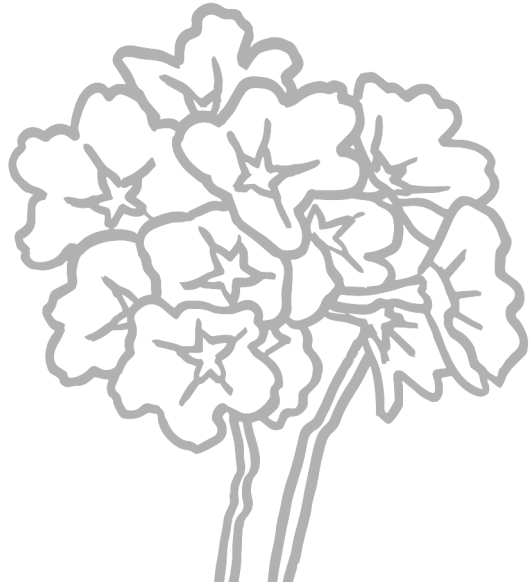
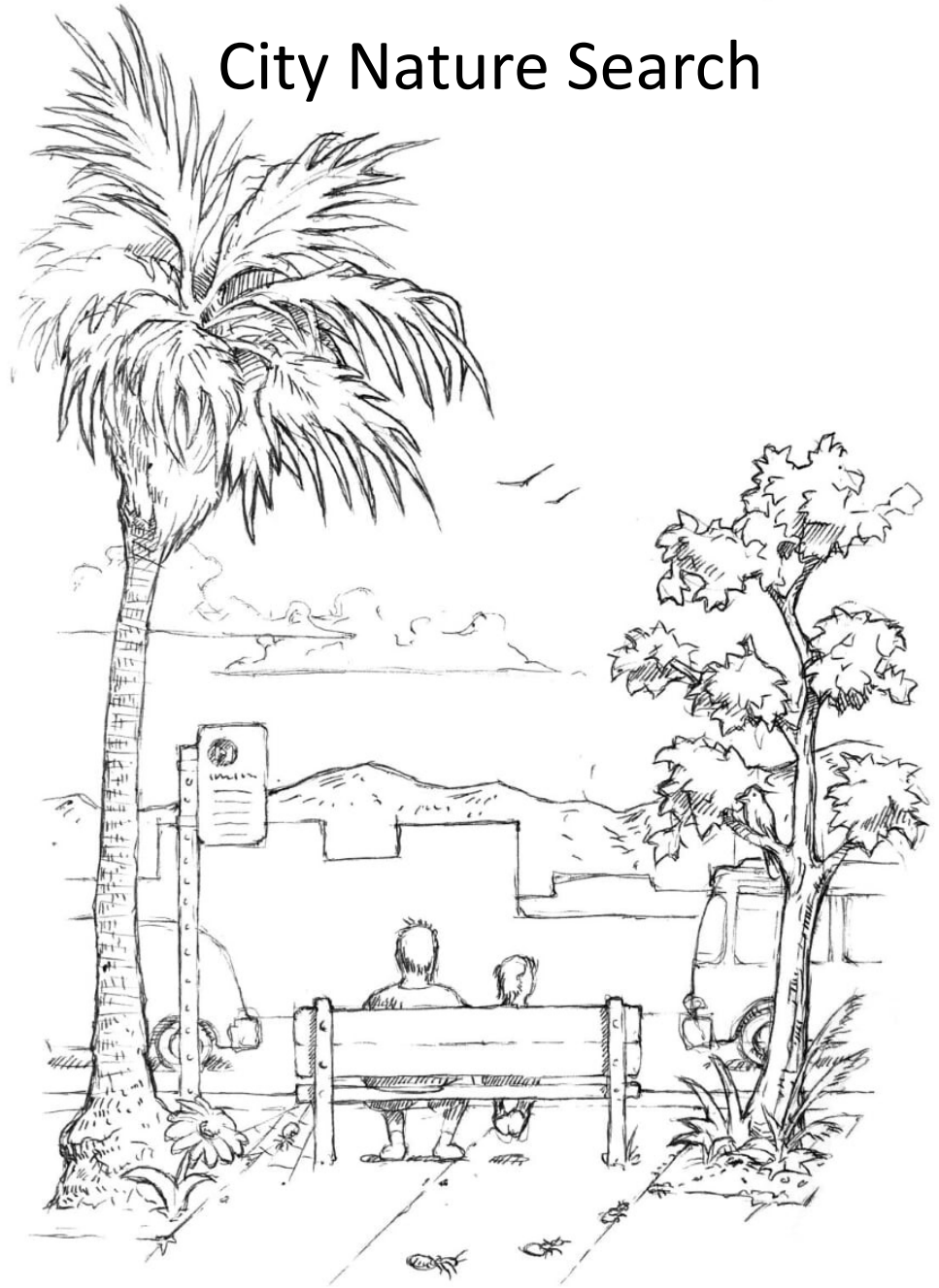


City Nature Search



Descanso
Gardens



Name: _____

Look Up. . .

Do you see nature above you?

Can you find a tree? What do you notice about the branches and leaves?

Do the bark or leaves have any smell or texture?

Do you notice any signs that animals live here?

Listen. . .

Do you hear nature around you?

Find a safe, quiet place to sit or stand.

Get ready to listen by making yourself quiet and calm.

Close your eyes if you want to.

Breathe in through your nose for three counts.

Breathe out through your nose for five counts.

Repeat until you feel calm and relaxed.

Now Listen. . .

Focus on one sound that you hear.

Is it natural or machine made? What do you notice about it?

How does it make you feel?

Circle all the nature sounds you hear:



Birds chirping



Squirrels chattering



Bees buzzing



Wind blowing



Dogs barking



Water dripping

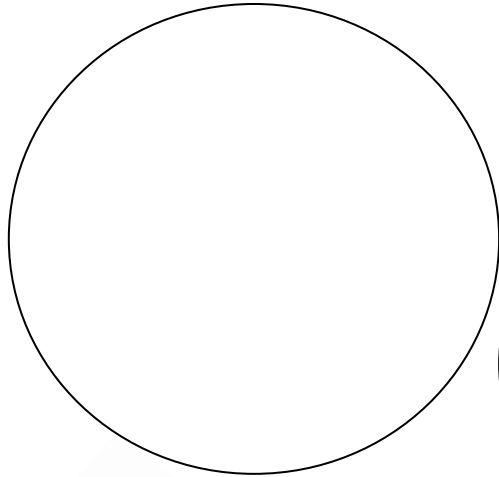
How many different animal, bird, or insect sounds did you hear? _____

Look Down. . .

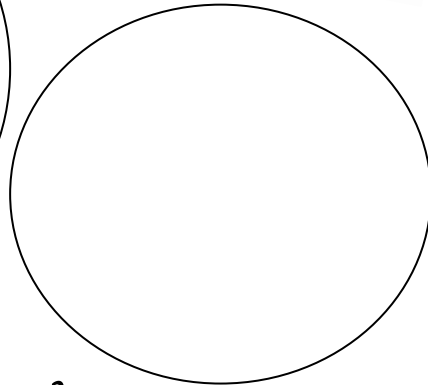
Do you see nature below you?



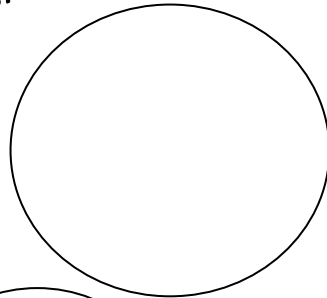
Draw what you see in the circles below.



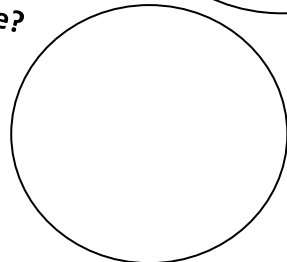
Big things?



Colorful things?



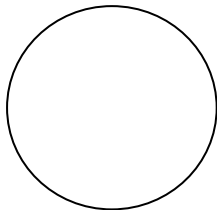
Things that move?



Little things?



Things that don't move?



Draw something you see that you're curious about.

Draw an animal that you think might live in the tree.